

# MENTAL HEALTH URGENT CARE



## WHAT WE OFFER:

• **Mental health support** • **Suicide care** • **Peer support** • **Related medical assessment and care** • **Care management** in a trauma-informed setting, as a therapeutic alternative to emergency department care.

## WHO WE SERVE:

Adults 18 and older who are seeking immediate support or who are experiencing a self-defined crisis.

## WHERE TO FIND US:

1 South Prospect Street, Arnold 4, Elevator C, Burlington, VT.  
Free parking. Easy access by public transportation.

## WHEN WE ARE OPEN:

Monday through Friday, 9:00 am to 5:00 pm. Closed on some holidays.  
No appointment needed, walk-in care available.

**802-488-MHUC (6482) • [howardcenter.org](http://howardcenter.org)**



**HOWARD  
CENTER**  
Help is here.

IN PARTNERSHIP WITH:

THE  
**University of Vermont**  
MEDICAL CENTER

  
**Community  
Health Centers**



  
**VERMONT**  
AGENCY OF HUMAN SERVICES  
Department of Mental Health

