ACTIVITY: Let's Go to A Party

Adapted from Richard Bolles, What Color is Your Parachute? Holland Code Party

Grab a piece of paper and something to write with or whatever works best for you to take notes.

Now that you have explored what skills you like to use, you will now have a chance to further explore your interests. Knowing both your favorite skills to use and your interests can help you identify potential occupations and plan your job and career goals.

You are attending a party where there are people seated around six tables talking about the things they enjoy. As you go to each table, you need to decide how much you would like to sit with the people at that table.



To prepare, create a scoring sheet that looks like the following:

R	1	Α	S	E	C

For each letter, you will answer Yes, No or Maybe after visiting each table described below.

Table R (for Realistic – "The Do-ers and Builders")

The people at this table like nature or sports, or tools and machinery. They are talking about sports, plants, animals, working outdoors, building things, fixing things and working with their hands. Some of the people at this table work as:

- farmers, agriculturalists, gardeners, landscapers, forestry service workers, soil scientists
- firefighters, auto mechanics, security guards
- home builders, electricians, carpenters, furniture builders
- airplane pilots, bus drivers
- animal caretakers or trainers, veterinarians
- cooks, dishwashers, dining room and food service attendants
- sewers, sewing machine operators, shoe repairpersons

Would you enjoy sitting with the people at Table R? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the R.

Table I (for Investigative – "The Thinkers")

The people at this table are curious. They like work that has to do with ideas and thinking. They like to investigate or analyze things or work with ideas, searching for facts or figuring out problems. People at this table are talking about solving problems or math or science. Some of the people at this table work as:

- doctors, diagnosticians, forensic scientists/coroners, chemists, scientists
- computer programmers, engineers, network or website developers
- dentists
- pharmacists

Would you enjoy sitting with the people at Table !? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the I.

Table A (for Artistic – "The Creators")

The people at this table are creative and like work that is artistic and can be done without a lot of rules. People at this table are talking about music, acting, art and design. Some of the people at this table work as:

- architects
- actors, dancer
- art directors, museum curators
- childcare providers, teachers
- writers, book editors
- fashion, graphic, interior or video game designers
- hairdressers/stylists, cosmetologists
- language interpreters

Would you enjoy sitting with the people at Table A? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the A.

Table S (for Social – "The Helpers")

The people at this table like working with other people to help them learn and grow. They like working with people more than objects, machines, or information. People at this table are talking about teaching, giving advice, and helping people. Some of the people at this table work as:

- nursing or medical assistants, midwifes
- therapists, counselors, social workers
- dental hygienists
- flight attendants
- restaurant hosts

Would you enjoy sitting with the people at Table S? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the S.

Table E (for Enterprising – "The Initiators")

The people at this table like to start new things and try new ideas. They like to start up projects or organizations, and/or influence or persuade people. They are leaders and risk-takers. People at this table are talking about making decisions, starting businesses, political campaigning. Some of the people at this table work as:

- small business owners
- sales agents, real estate agents
- travel agents
- account executives
- managers, supervisors
- judges, lawyers
- bank presidents
- school principles

Would you enjoy sitting with the people at Table E? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the E.

Table C (for Conventional – "The Organizers")

The people at this table like detailed work and like to complete tasks or projects. They like to follow clear processes. Likes organizing things. Good with details and working with words and numbers. People at this table are talking about using data processing equipment, working with numbers, being responsible for details and collecting or organizing things. Some of the people at this table work as:

- court clerks, post office clerks, mail carriers
- secretaries, executive assistants, personal planners
- typists, bookkeepers, accountants, auditors
- bank tellers
- billers
- database administrators
- library technicians
- maids, housekeepers
- stockers, order fillers, packagers

Would you enjoy sitting with the people at Table C? On your scoring sheet, write or indicate "yes," "no" or "maybe" under the C.

Your Career Interests (Holland Code)

Now look at your scoring sheet. What types of people did you enjoy sitting with or might you enjoy sitting with? Those that you indicated "yes" or "maybe" may provide insight to the type of people you want to work with and the types of occupations or careers that may interest you.

For more information and/or to do a more detailed interactive assessment of your interests, please visit <u>Holland Codes</u> .